



Built for the Games; Designed for Legacy, the Richmond Olympic Oval is a breathtaking venue on the banks of the Fraser River and winner of the Institution of Structural Engineers top award for Sports or Leisure Structures. Home to long track speed skating during the 2010 Olympic Winter Games, the Oval re-opened to public programming April 1, 2010. The facility's Olympic Legacy conversion is nearly complete and we now offer an inspiring environment for all ages and skill levels to progress toward their own personal podiums.

GROUND LEVEL (Level 1)

Indoor Rowing + Paddling Centre. This is British Columbia's only publicly accessible indoor rowing and paddling tank, allowing users to concentrate on their technique for rowing, and a variety of paddling sports.

Child Minding. The Oval offers a safe, engaging and dynamic child minding environment for children ages 6 weeks to 11 years old.

LifeMark Sport Rehabilitation Centre. This space will transform the anti-doping lab from the Games into 16,000 square feet of sport science research and sport medicine/rehabilitation space, including everything from physio and massage therapies to Eastern therapies representative of the Oval's local community.

Meeting Rooms. The Oval offers three meeting rooms for 24 to 100 people, with some rooms including a high-definition projector, screen, whiteboards and power operated blackout curtains.

ACTIVITY LEVEL (Level 2)

Ice Zone. An adaptive board system makes it possible to transform the ice into multiple configurations including: international or North American hockey, figure skating, short track speed skating, sledge hockey, or a “Big Ice Concept.” The Big Ice will facilitate hosting community skating events as well as skill development programs aimed at making hockey players, figure skaters and short trackers better skaters.

Court Zone. The Oval’s pre-Games compliment of four hardwood courts allows for numerous court sports such as basketball, indoor soccer, volleyball, badminton, handball, floorball and more. Additional composite courts for badminton, indoor soccer and volleyball sit inside the 200m track. The court zone accommodates 22 badminton courts, 14 FIVB regulation volleyball courts, 6 FIBA Regulation basketball courts and 3 FIFA Regulation indoor soccer fields.

Track Zone. Featuring a 5-lane 200m training track for walking, jogging or sprint activities, this area also contains a multi-sport composite court area in the middle of the track for enhanced sport and event programming flexibility. Additional event support spaces will be offered next to this zone that could be used as tournament offices, an official’s lounge or a media centre.

110m Sprint Lane. Charging down the north bay windows is a 5-lane 110m spike-proof sprint lane, a one-of-a-kind indoor training element found nowhere else in Canada.

Fitness Studios. The Oval’s four fitness studios play a major role in its community legacy, delivering the finest in group fitness, yoga, Pilates and team training.

Food & Beverage. Three Bread Garden food service locations will be located throughout the Oval.

FITNESS LEVEL (Level 3)

Fitness Centre. Our 23,000 square foot Fitness Centre, with over 100 pieces of the very best strength and cardio equipment, brings the outdoors indoors with stunning views of the North Shore mountains, the graceful sweeping forms of the Wood Wave™ roof, and all of the athletic performances on the field level below. The Fitness Centre features a dedicated space for personal training, a beginner’s area, functional training and stretching zone, plus free weights, and more!

Legacy Suite. The Legacy Suite is a 5,000 square foot facility for banquets or meetings overlooking the action on the field level.

Sport & Event Hosting

The Richmond Oval is dramatically expanding sport and event hosting opportunities for the province of British Columbia. A number of Canadian national sports teams are expected to make the Oval their international training centre and it will also be the home of leading sport development agencies. Events hosted at the Oval range from business conventions and meetings to spectator sporting competitions.

High Performance & Community Usage

In support of the of the Oval’s objective to become an inspiring environment for all skill levels to progress towards their own personal podiums, the vast majority of the Oval’s operating hours are focused on community programming. And many of these programs are highly integrated with coaching/training from our high performance user groups to help inspire our next generation of sporting heroes. Programs include sport leagues and training programs, personal training and Oval Kids Summer Sport Camps.

For more information:

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