June 2015



Makes 4-6 Servings

Ingredients:

watermelon OR 1 whole baby watermelon, chilled & cubed

4-6 fresh basil leaves, sliced
3 ounces (85g) light feta cheese, crumbled
1-3tsp white balsamic vinegar

Directions:

Step 1: Toss cubed watermelon with fresh sliced basil in a large bowl.

Step 2: Sprinkle crumbled light feta over top. Splash white balsamic vinegar over salad by circling the bowl.

Step 3: Serve immediately or chill in fridge until serving time.

Dietitian's Note:

Cool off from the summer heat with this juicy, sweet, and fragrant watermelon salad that will be a sure hit at every picnic, barbeque, or enjoy as a weekday meal!